

Week Beginning 1st June 2020

Nursery Superheroes Week



Topic Based Project Work

<p>Create a superhero mask or cape for yourself. What is your super power? Talk about your special powers (can you become invisible? Can you fly?)</p>	<p>Using junk modelling at home (cereal boxes, kitchen roll tubes, milk bottles etc. to make a 3D superhero.</p>	<p>Draw a picture to key workers/your teacher thanking them for being superheroes.</p>	<p>Take part in a role play activity with family pretending you are a real life hero – Police Officer, Doctor/Nurse, Fireman etc.</p>
<p>Try the spider power yoga video. https://youtu.be/fnO-lGEMOXk Can you hold the spider pose?</p>	<p>Baking challenge! Make a superhero themed bake with your adult at home and write a set of instructions on how to make it.</p>	<p>Who inspires you? Draw a picture of someone who takes care of you, loves you and keeps you safe. Can you tell them how important they are to you?</p>	<p>Circle time session – talk about how we keep safe and who we call in an emergency (999).</p>
<p>Complete one of the superhero science experiments with an adult. Take pictures to put in your Home Learning Journey! https://www.whatdowedoallday.com/superhero-science-activities/</p>	<p>Design your own superhero using the picture templates – colour, paint, collage... use any materials you can find at home!</p>	<p>Be a superhero at home! Ask your adults if they need any help around the house. How many super jobs can you do?</p>	<p>Watch a Superhero movie (Miss Drury's favourite is The Incredibles!)</p>

Maths and English Sequence

<u>English Day 1</u>	<u>English Day 2</u>	<u>English Day 3</u>	<u>English Day 4</u>	<u>English Day 5</u>
<p>Starter: We are going to be superheroes this week. What would your special superhero power be?</p> <p>Main: Using the Superhero Behaviour Chart Template, children have to complete a superhero challenge everyday for 5 days to earn a treat (treat</p>	<p>Starter: Watch 'The Supertato' Online Story. Discuss your favourite vegetable.</p> <p>Main: Design a healthy meal for a superhero, using the Plate Template and cut out foods. Think about healthy and unhealthy foods – Superheroes need lots of</p>	<p>Starter: Using old clothes/accessories, make a superhero costume with an adult.</p> <p>Main: Make a SUPERHERO SALAD with your family (using fruits or vegetables). Can you name the healthy foods you use? Why do we need healthy foods? – they keep our bodies strong so we can be</p>	<p>Starter: Quiet time – superhero colouring independently.</p> <p>Main: Using junk modelling equipment, make a 3D superhero hero for your superhero. Remember superhero vehicles have special features (water shoots, fire beams, lasers etc.)</p>	<p>Starter: Friday treat – superhero cutting and sticking activity to support fine motor control.</p> <p>Main: Every superhero needs a special name badge. Make a superhero name badge to wear – decorate the badge then try and write your name in the strip (or even the first</p>

<p>decided by adult at home!). Day 1 – Clean up toys and put them away in the right place. Day 2 – Help an adult with making breakfast/lunch or dinner. Day 3 – Try a new healthy food. Day 4 - Keep active today by doing some exercise (ride your bike/scooter, do 10 star jumps, go for a walk etc.) Day 5 – Help with cleaning your home (put rubbish in the bin, use the dustpan and brush etc.)</p>	<p>fruits and vegetables!</p>	<p>superheroes everyday!</p>		<p>letter – with support if needed).</p>
<p>Resources Superhero Behaviour Chart</p>	<p>Resources YouTube – The Supertato Story. Healthy Eating Plate Print out.</p>	<p>Resources Old clothes Scissors Glue Fruit or Veg (at least 5 different for a selection).</p>	<p>Resources Superhero Colouring Sheets</p>	<p>Resources Superhero Cutting and Sticking Sheets Badge Template Sheet</p>
<p><u>Maths Day 1</u> Starter: Count to 10 or 20 and then try and count back. Main: Complete the 'Superhero Sharing Worksheet'. Ask: Can you give the blue superhero 3 masks. Can you give the green</p>	<p><u>Maths Day 2</u> Starter: Superhero Workout: Complete 10 star jumps. Adult to count to 10. Main: Using the superhero number cards, roll a dice, count the dots on the dice and children</p>	<p><u>Maths Day 3</u> Starter: Superhero Workout: Complete 10 hops/jumps on the spot. Adult to count. Main: Make a 2D shape superhero, can children recognise and name the shapes they are using?</p>	<p><u>Maths Day 4</u> Starter: Superhero Workout – Complete 5 tall shape stretches and 5 small shape stretches. Adult to count. Main: Complete the 'Cut and Stick'</p>	<p><u>Maths Day 5</u> Starter: Using the superhero numbers from Tuesday/Day 2, put numbers 1-10 (or 1-20 for a challenge) in a bag. Child to close their eyes, pick out a number and say what it is. Can they show that</p>

superhero 5 masks etc. Challenge: how many will we have if we add one more?	find the correct number card to match. Play as a family, take it in turns to see who can roll the biggest number. Challenge: roll 2 dices to increase the number quantity.		number ordering sheet (depending on child's ability they can go up to 5, 10 or 20).	number using their fingers or other objects (cubes, Lego etc.?) Main: Superhero Strength Test! Have 2 bags and label them 'heavy' and 'light'. Place some heavy and light objects in the middle of table/floor. Children to pick one object at a time, feel if it is heavy or light and put in the right bag.
Resources Superhero Sharing Worksheet	Resources Superhero Number Cards Dice	Resources Paper to make 2D shapes. Colouring pencils/pens/paint.	Resources Superhero Cut and Stick sheet.	Resources Superhero Number Cards 2 Bags Objects from around the home

Don't forget to share any of your wonderful learning and photos with the school. You can email photos and work to admin.redbridgeprimary@redbridge.gov.uk OR put your work in your Nursery Home Learning Journals.

Additional Ideas:

REMEMBER... Superheroes are not just fictional characters. We have superheroes in real life too – Doctors/Nurses, Ambulance Drivers, Firefighters, Police Officers, Lollypop People, Vets, Shopkeepers, Teachers and lots more. Talk to your child about what we do in an emergency – we call 999 – and who helps us within our community.

'The Supertato' story link - <https://www.youtube.com/watch?v=QlaMeNmTG6c>